



Julia Child's Beef Bourguignon

INGREDIENTS

8 oz. Pine Street Market Bacon Ends, cut into lardons
3 tbsp Canola Oil
3 lbs. Beef Chuck, cut into 2-inch chunks
1 Carrot, sliced
1 Onion, sliced
Kosher Salt
Black Pepper
2 tbsp All Purpose Flour
3 cups Dry Red Wine
16 oz. Pine Street Market Butcher Broth
1 tbsp Tomato Paste
2 Garlic Cloves, Smashed with the side of a chef's knife
1 Thyme Sprig
1 Bay Leaf
4 tbsp Butter
12 to 24 Pearl Onions, blanched & peeled or frozen & thawed
1 lb. Button Mushrooms, quartered

PREPARATION

- Preheat oven to 450°F.
- Simmer bacon lardons in 4 cups water for 10 minutes (Lardon is the French culinary term referring to thin strips of bacon, cut approximately 1/4-inch thick). Drain and pat dry.
- In a large Dutch oven, sauté the bacon in 1 tablespoon of oil for about 3 minutes, until it starts to lightly brown. Remove with a slotted spoon and set aside.
- Dry the beef with a few paper towels for better browning. In batches, sear the beef on all sides in the Dutch oven. Set aside with the bacon.
- Back in the pot, add the sliced carrots and onions; sauté in fat until browned, about 3 minutes. If there's any excess fat, drain it now.

- Add the bacon and beef back to the pot. Season with 1/2 teaspoon coarse salt and 1/4 teaspoon ground pepper. Toss. Sprinkle with flour and toss once more. Place in the center of the oven for 4 minutes.
- Remove pot from oven; toss beef and place back in the oven for 4 more minutes. Remove the pot from the oven and reduce the heat to 325°F.
- To the pot, add the wine and stock. The liquid should barely cover the meat and vegetables. Add the tomato paste, garlic and thyme. Bring to a light simmer on the stove, then cover and simmer in the lower part of the oven for 3 to 4 hours, or until the meat is easily pierced.
- In the last hour of cooking, bring 1 1/2 tablespoons butter and 2 teaspoons oil to a medium heat in a sauté pan. Add the pearl onions and toss around in the fat until they've browned, 10 minutes. Then stir in 1/2 cup water, a small pinch of salt and pepper and the herbs. Reduce the heat to low and simmer the onions for about 40 minutes, until the liquid has evaporated, and the onions are tender.
- Remove the onions and set aside. Discard the herbs and wipe out the skillet. Add the remaining butter and oil and bring to a medium heat.
- Add the mushrooms and cook for about 5 minutes, shaking the pan to coat with the butter.
- Place a colander over a large pot. Drain the beef stew through the colander and into the pot. Place the pot with the sauce over a medium heat and simmer for about 5 minutes, skimming any fat on top. Pour the beef and vegetables back into the Dutch oven. Add the pearl onions and mushrooms to the pot. Pour the sauce over the beef mix and simmer an additional 3 to 5 minutes.
- Beef bourguignon is best served on a bed of potatoes, rice or noodles. Garnish with parsley if desired.